

# Province-Wide Sleep Rounds

Chair: Dr. Colin Shapiro / Organizer: Farial Rahman

Friday December 4<sup>th</sup>, 2015

08:30 – 09:05

**Karl D. Farcnik BSc, M.D., FRCP(C)**  
University Health Network, Department of Psychiatry  
*"Alzheimer's Disease and Sleep"*

09:10– 09:40

**Meteb Alenazi MBBS, FRCP(C)**  
Toronto Western Hospital-UHN, Toronto  
*"A case study-Blindness and Circadian Rhythm "*

09:45 – 9:55

**Break**

10:00 – 10:30

**Jeanne Sophie Martin, PhD(c)**  
Sleep Research Unit, Department of Neuropsychiatry, Toronto Western Hospital-UHN

*"Beyond Circadian Adjustment: Chronotype plays a role in Sleep and Alertness outcomes in Shift Work"*

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## LOCATION:

Toronto Western Hospital,  
399 Bathurst St. (Bathurst and Dundas),  
West Wing 2- 401; 2nd Floor  
Directions:  
In the Atrium, walk towards Nassau St. exit.  
Prior to the exit, turn right  
Take **Atrium** Elevators to the 2<sup>nd</sup> Floor  
NOTE: The UHN shuttle stops at the Leonard St.  
entrance (near 2<sup>nd</sup> Cup)

## OTHER WAYS TO JOIN IN:

**Note: This is a Telehealth OTN, WebEx and WebCast event.**

**Rounds are also available via OTN to varied sites across Ontario and Montreal**

**WebCast:** URL: [webcast.otn.ca](http://webcast.otn.ca) Go to: →Live or Archived Events → Private Events

User name: sleep Password: pwrounds

Use **WebEx** (picture only – no sound). URL: [webcast.webex.com](http://webcast.webex.com). Password: pwrounds

**For more details and technical support, contact Nancy at 416-603-5723 or e-mail [Nancy.MacFarlane@uhn.on.ca](mailto:Nancy.MacFarlane@uhn.on.ca)**

**This event provides MOCOMP credits as an Accredited Group Learning Activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. No separate AAST CECs are provided.**

For further details please call Elsie at the Sleep and Alertness clinic (416) 603-5273 or e-mail [elisa.cabrera@uhn.on.ca](mailto:elisa.cabrera@uhn.on.ca)

**Refreshments:** Served from 8:10 am - Sponsored by **Medigas**

**CME NOTE:** CME certificates will be made available onsite at each of the rounds or via [www.sleepontario.com](http://www.sleepontario.com)

**No year-end CME totals notification will be sent.** You must also sign the sign-in sheet at the rounds. Remote sites please fax your sign-in sheets to Elsie Cabrera at 416-603-5292. Should you misplace or lose your certificate, an administrative fee of \$20/hour (minimum charge \$10) will be charged to locate information necessary to help you complete any missing certificates.

**Online CME certificates, sign-in and evaluation sheets for each of the Province-Wide Rounds can be found at:**

**[www.sleepontario.com](http://www.sleepontario.com)** (Look for the appropriate date/title of the Province Wide Rounds in the Announcements list on the left hand side of the opening webpage)