



**RE: Province-Wide Rounds**  
6<sup>th</sup> February 2015

This is to certify that

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attended the **Province-Wide Rounds** in the Department of Psychiatry at the University Health Network on February 6<sup>th</sup>, 2015 from 8:30 am to 10:30 am.

Speaker 1: **Dr. Cara Ooi**

Title: ***Cognitive Behaviour Therapy for Insomnia in Adolescents***

Speaker 2: **Dr. Meteb Alenazi**

Title: ***Sleep and Anxiety***

Speaker 3: **Dr. Julian Gojer**

Title: ***Complex Sleep Behaviors & What are the Triggers?***

CME credit: **2 hours** of educational activity.

**These rounds are accredited as a group learning activity by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.**

**Colin Shapiro, MBBCh, PhD, MRC Psych, FRCP(C)**  
**Director, Neuropsychiatry Program**

**NB: Please print your name and retain this attendance certificate for your 2015 CME records.** NOTE: You must also sign the **sign-in sheet** at the rounds.

**No year-end CME totals notification will be sent.**

The Neuropsychiatry program will maintain the sign-in attendance record at these rounds as supporting documentation for the College. Should you misplace or lose your certificate, an administrative fee of \$20/hour (**minimum charge \$10**) will be charged to locate information necessary to help you complete any missing certificates.