

PEDIATRIC SLEEP DAY 2016

Friday October 14th 8:00 - 17:00

CHAIR: Dr. Colin Shapiro, MBBCh, PhD, FRCPC

ORGANIZER: Dr. Sharon Chung, PhD

SPONSORING ORGANIZATION: Youthdale Child and Adolescent Sleep Centre

LOCATION: Toronto Western Hospital, 399 Bathurst Street, BMO Education & Conference Centre, Krembil Discovery Tower, Ground Floor

08:00 - 08:30 Continental Breakfast and visit time for Exhibit Tables

08:30 - 08:45 Dr. Colin Shapiro, MBBCh, FRCPC, PhD
University Health Network Department of Psychiatry; International Sleep Clinic, Parry Sound; Youthdale Child and Adolescent Sleep Centre, Toronto

Introduction: Important Issues in Pediatric Sleep

08:45 - 09:45 Keynote Speaker: Carole L. Marcus, M.B.B.Ch.
Sleep Center, Children's Hospital of Philadelphia and the University of Pennsylvania

TBA

09:45 - 10:15 Dr. Brian Lyttle, MD, FRCPC
Department of Paediatrics, Western University, Children's Hospital, London Health Sciences Centre, London

Sleep in Children with Asthma and Allergies

10:15 - 10:30 Coffee Break 1 & Visit Time for Exhibit Tables

10:30 - 11:00 Dr. Louis van Zyl, M.B.B.Ch., FRCPC,
Youthdale Child and Adolescent Sleep Centre; Sleep & Alertness Clinic, Toronto

Tryptophan as a Sleep-Promoting Substance in Children

11:00 - 11:30 Jeanne-Sophie Martin, PhD candidate
University Health Network, Toronto Western Hospital, Sleep Program

Melatonin and Circadian Rhythms in Children

11:30 - 12:15 Dr. Anne Marie Morse, MD, FRCPC
Geisinger Medical Center, Danville, Pennsylvania

Neurologic and Psychiatric Disorders and Sleep: Bi-directional Relationship on the Complex Interplay and Potential Interventions.

12:15 - 13:15 Lunch & Visit Time for Exhibit Tables

13:15 - 13:45 Dr. Stephen K.C. Ho, DDS, MSc, FRCD(C), FADSA
Credit Valley Oral Surgery, Mississauga; Sleep & Alertness Clinic, Toronto

TBA

13:45 - 14:45 Colin M. Shapiro, MBBCh, FRCPC, PhD
Northern Aboriginal Youth Suicide: Sleep is a Crucial Factor!

14:45 - 15:15 Dr. Angela Milan Tomas, MD
Clinical Fellow, Neurology, Cognitive and Movement Disorders, Sunnybrook Health Sciences Center, Toronto

Sleep and Epilepsy in Children

15:15 - 15:30 Coffee Break 2 & Visit Time for Exhibit Tables

15:30 - 16:00 Dr. Arina Bingeliene, MD
Clinical Fellow, University Health Network Department of Psychiatry, Toronto

Sleep Deprivation, Brain Activation and Driving in Youth

16:00 - 16:45 Keynote Speaker: Carole L. Marcus, M.B.B.Ch.
Sleep Center, Children's Hospital of Philadelphia and the University of Pennsylvania

TBA

16:45 - 17:00 Dr. Colin Shapiro, MBBCh, FRCPC, PhD
Summary and Closing Comments on Pediatric Sleep