## Polysomnography Course Schedule

SESSION: APRIL 2015
Sleep and Alertness Clinic
750 Dundas Street West, Suite 2-259, Conference Room
Toronto, ON, M6J 3S3, Canada
TEL 416-603-5075 FAX: 416-603-5360
Total session: 17, two hours each.
Time: On Fridays at 10:00 a.m. to 12:00 p.m. On Saturdays at 09:00 a.m. to 11:00 a.m.

Data Analysis component: ' $\mathbf{A}$ '
Technical component: ' $T$ '

|  | Date |  | Presenter | Topic |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 10/April/2015 (Fri) | T | Sharon Chung | An Introduction to Sleep and Sleep Disorders |
| 2 | 11/April/2015 (Sat) | T | Dragana Jovanovic | Sleep centers, regulatory bodies and work flow |
| 3 | 17/April/2015 (Fri) | T | Yulia Kaushansky | Principles of Polysomnography Recording |
| 4 | 18/April/2015 (Sat) | T | Pintu Bhuiya | Conducting Overnight Sleep Study--rescheduled |
| 5 | 24/April/2015 (Fri) | T | Naheed Hossain | Safety Considerations |
| 6 | 25/April/2015 (Sat) | T | Pintu Bhuiya | Special Montages: PAP Montage/Dental Appliance/Supplemental Oxygen/Extended EEG |
| 7 | 01/May/2015 (Fri) | A | Pintu Bhuiya | Sleep Staging Concepts |
| 8 | 02/May/2015 (Sat) | A | Pintu Bhuiya | Arousals and Artifacts |
| 9 | 08/May/2015 (Fri) | A | Nada Huterer | Scoring of Respiratory Events |
| 10 | 09/May/2015 (Sat) | A | Nada Huterer | Interpretation of ECG; NPT |
| 11 | 15/May/2015 (Fri) | A | Colin Shapiro Nada Huterer | Interface between sleep studies and clinical practice Parasomnias and Nocturnal Seizures |
| 12 | 22/May/2015 (Fri) | A | Inna Voloh | Sleep Related Movements Disorders (SRMD) |
| 13 | 23/May/2015 (Sat) | TA | Yulia Kaushansky Sharon Chung | Daytime Tests: Multiple Sleep Latency test (MSLT) \& Maintenance of Wakefulness Test (MWT) Actigraphy |
| 14 | 29/May/2015 (Fri) | TA | Naheed Hossain | Dim Light Melatonin Onset (DLMO); <br> Driving simulator; Scoring of REM density |
| 15 | 30/May/2015 (Sat) | A | Dragana Jovanovic | Specifics of Pediatric Scoring |
| 16 | 05/June/2015 (Fri) | A | Instructors | Hands on Scoring of PSG Record ,Supervised by Instructors |
| 17 | 12/June/2015 (Fri) | A | Instructors | Review of the Scored Data with Instructors |

