

# SLEEP AND ALERTNESS CLINIC

## POLYSOMNOGRAPHY COURSE SCHEDULE SESSION: SEPT 2017

Total session: 17, two hours each.

Time: Saturdays at 10:00 a.m. to 12:00 p.m. and  
01:00 p.m. to 03:00 p.m.

Lunch Break: 12:00 noon. to 01:00 p.m.

Data Analysis component: 'A'

Technical component: 'T'

	Date		Time	Presenter	Topic
1	09/Sept/2017	T	10:00 am	Sharon Chung	An Introduction to Sleep and Sleep Disorders
2		T	01:00 pm	Dragana Jovanovic	Sleep centers, regulatory bodies and work flow
3	16/Sept/2017	T	10:00 am	Yulia Kaushansky	Principles of Polysomnography Recording
4		T	01:00 pm	Naheed Hossain	Safety Considerations
5	23/Sept/2017	T	10:00 am	Pintu Bhuiya	Conducting Overnight Sleep Study
6		T	01:00 pm	Pintu Bhuiya	Special Montages: PAP Montage/Dental Appliance/Supplemental Oxygen/Extended EEG
7	30/Sept/2017	A	10:00 am	Pintu Bhuiya	Sleep Staging Concepts
8		A	01:00 pm	Pintu Bhuiya	Arousals and Artifacts
9	14/Oct/2017	A	10:00 am	Nada Huterer	Scoring of Respiratory Events
10		A	01:00 pm	Nada Huterer	Interpretation of ECG; NPT
11	21/Oct/2017	A	10:00 am	Colin Shapiro	Interface between sleep studies and clinical practice
12		A	01:00 pm	Nada Huterer	Parasomnias and Nocturnal Seizures
13	28/Oct/2017	A	10:00 am	Inna Voloh	Sleep Related Movements
14		T A	01:00 pm	Yulia Kaushansky Sharon Chung	Daytime Tests: Multiple Sleep Latency test (MSLT) & Maintenance of Wakefulness Test (MWT) Actigraphy
15	04/Nov/2017	T A	10:00 am	Naheed Hossain	Dim Light Melatonin Onset (DLMO); Driving simulator; Scoring of REM density
16		A	01:00 pm	Dragana Jovanovic	Specifics of Pediatric Scoring
17	11/Nov/2017		10:00 am	Colin Shapiro	Sleep assessment using sleep questionnaires and scales Home Testing Device
18	18/Nov/2017	A		Instructors	Hands on Scoring of PSG Record, Supervised by Instructors
		A		Instructors	Review of the Scored Data with Instructors