

# Youthdale Brain Development and Behaviour Day

Thursday March 26<sup>th</sup>, 2015

CHAIR: Dr. Paul Sandor

SPONSORING ORGANIZATION: Youthdale Treatment Centres

LOCATION: Holland Bloorview Kids Rehabilitation Hospital, 150 Kilgour Road, Toronto  
ON M4G 1R8, Conference Centre (Rooms 1E200 & 1E201)

## Theme: Pediatric Depression

08:15- 09:00	Registration and Coffee
09:00-09:30	<b>Dr. Paul Sandor</b> <b><i>Introductory Remarks: Pediatric Depression</i></b>
09:30-10:00	<b>Dr. Azmeh Shahid</b> <b><i>Sleep Markers of Depression</i></b>
10:00-10:15	<i>Discussion</i>
10:15-11:00	<b>Dr. Luci Wiggs</b> <b><i>The Importance of Sleep in Adolescent Psychiatry</i></b>
11:00-11:15	<i>Discussion</i>
11:15-11:30	Coffee Break
11:30-12:00	<b>Dr. Amy Cheung</b> <b><i>Treatment of Pediatric Mood Disorders</i></b>
12:00-12:15	<i>Discussion</i>
12:15-12:45	<b>Dr. Doron Almagor</b> <b><i>Is ADHD a Risk Factor for Depression?</i></b>
12:45-13:00	<i>Discussion</i>
13:00-13:45	Lunch
13:45-14:30	<b>Dr. Benjamin Goldstein</b> <b><i>Pediatric BAD: Differential Diagnosis, Imaging and Biomarkers</i></b>
14:30-14:45	<i>Discussion</i>
14:45-15:15	<b>Dr. George Mammen</b> <b><i>Adolescent Depression: The role of Cannabis and Physical Activity</i></b>
15:15-15:30	<i>Discussion</i>
15:30-16:30	<b>Panel Discussion with Audience Participation</b> <b>Panel: Drs. Shahid, Wiggs, Cheung, Almagor, Goldstein &amp; Mammen</b> <b><i>Pros and Cons of Cannabis as a Pediatric Therapy</i></b>

**NB.** *Pediatric Sleep Day 2015* will take place at the same venue on the following day (Friday March 27<sup>th</sup> from 8am-5pm). The theme for Pediatric Sleep Day 2015 is: *Sleep: Role in Memory, Learning and Cognition.*